



To become a Leave No Trace Trainer, the Center for Outdoor Ethics requires participants to engage in 18 hours of education. To be frank, we can't imagine anyone wants to do 18 hours of Zoom meetings. So, we will be breaking down the course into two distinct parts: Pre-course Homework and shorter, digital Zoom meetings. ***Please read carefully all information presented below. Use this as a checklist to prepare for the course!***

1. Pre-course Homework

Each portion of the pre-course homework must be completed *prior to the Zoom meeting portion of the course*. Because of the condensed nature of this course, it is crucial that each participant come as prepared as possible.

- **Take the online Leave No Trace Awareness Workshop** (30-45 minutes), and write a few sentences about something new you learned, and be prepared to share this during the Zoom meeting portion of the course: <https://lnt.org/get-involved/training-courses/online-awareness-course/>
- **Watch 3 videos from the Leave No Trace YouTube site** and bring a written response to your initial thoughts and experiences that relate to them (these need not be longer than 1-3 sentences): <https://www.youtube.com/user/LeaveNoTraceCenter/videos?view=0&sort=p&flow=grid>. *Some of these videos may even help you see different ways to put together your lesson plan for your teaching time during the course, so feel free to explore lots more of these videos for ideas!*
- **Watch the National Parks Service Video** that discusses Leave No Trace principles: <https://www.youtube.com/watch?v=jXO1uY0MvmQ>
- **Watch Simon Sinek's TED Talk "How great leaders inspire action,"** which discusses his now famous "golden circle" and the importance of starting with the question "why?" While he generally talks about businesses and what they are selling in this video, the information is very applicable to educators and deeper learning. Please utilize the information in this video to help guide your lesson plan by starting with the "why" of the principle you are assigned in order to best present the information: https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action
- **Read about the research of the Center for Outdoor Ethics** conducted within the past decade. We will discuss this during the Trainer Course, so please bring 1-3 written comments about the information provided, including any personal stories about how research like this affects you personally: https://lnt.org/wp-content/uploads/2019/10/ResearchFindingsDocument_pages4_.pdf
- **Select one of the 7 Leave No Trace Principles and prepare a lesson plan** for it that will be presented to the group on the day of our course. *It is crucial that you email the course*

provider (adam@goago.org) with your 3 top choices of principles about which you would like to teach prior to the course. It is suggested that you do this as soon as possible, as those who respond quickest will have first choice of teaching topic. These lesson plans should be 10-15 minutes in length, and should do their best to address a variety of learning styles (e.g. visual, auditory, and kinesthetic learners; more information can be found here: <https://www.mindtools.com/pages/article/newlmt/107.htm>).

Resources for planning these lessons can be found here: <https://Int.org/research-resources/?rr-category=teaching-resources>

As mentioned above, the Leave No Trace Youtube page has lots of different approaches to teaching these principles. We encourage you to view some of these not so you may copy them, but to use them as inspiration!

Please refrain from using PowerPoint. We know it's tempting with this being digital to do everything on the computer, but try your best and be creative with your lesson plan! Try instead to mimic what you might do with a group outdoors in your own context. You are encourage to use props, activities, and to do your best to involve the entire group in your presentation.

Note that this is supposed to be a learning opportunity for each presenter; you don't have to be perfect! The practice of education is one educators engage in for their whole lives, so think of this as an opportunity to take some risks and learn!

Please reach out to Adam at adam@goago.org if you have any questions concerning this assignment.

- **Open and read each of these materials from the Digital Trainer Course Packet, particularly the Authority of the Resource and the How To Run a Leave No Trace Awareness Workshop documents.** These materials will be used and referred to during the course. The Digital Trainer Course Packet can be found here: <https://Int.org/research-resources/digital-trainer-course-packet/>
- **Pack a daypack as if you were going outside with a group.** Each participant will have the opportunity to share the contents of their pack with the group to show how they would prepare for going out doing an activity they typically enjoy in the outdoors with others.
- **Learn about and create a draft SMART goal for how you will use your training.** *It is suggested that this portion of the homework be completed after the previous assignments.* First, please read the article at the following link: <https://www.mindtools.com/pages/article/newlmt/107.htm>. Then, we encourage you to utilize the SMART acronym to help you create a plan for how you will use what you learn in the course. *Note that this is only supposed to be a draft of your goals. These may change during/after the course!*

2. Zoom Meeting Portion of Course

We will meet between the hours of 5pm-8pm Mountain Time each of the following evenings: Friday, April 30, Saturday, May 1, and Sunday, May 2 (with intermittent breaks each evening). We will do our best to be as engaging as possible with you, and a large portion of the class time will be focused on student teaching of a Leave No Trace principle coupled with peer and

educator feedback. An invite to the Zoom meetings will be sent to each participant the week before the class begins.

*If there are any questions about any of this information, please reach out to Adam Tobey at **adam@goago.org** or 385-244-9300*